BRIAN HEAD 50K

Aid Station Chart

Aid Station	Mile Mark	Miles to Next	Elev. Gain to Next (ft)	Elev. Loss to Next (ft)	Cumulative Elev. Gain (ft)	Cumulative Elev. Loss (ft)	Cut-Off Time	Drop Bags	Crew Accessible
Giant Steps Lodge - START	0.0	3.9	1307	-68	0	0			X
Brian Head Peak 1	3.9	8.8	457	-2727	1307	-68			X
Yankee Meadows	12.7	7.4	2646	-872	1764	-2795	11:30 AM	X	
Sidney Peaks	20.1	4.1	771	-246	4410	-3667	2:30 PM	X	X
Brian Head Peak 2	24.2	1.8	276	-306	5181	-3913	4:30 PM		X
Brian Head Peak 3	26.0	3.9	64	-1302	5457	-4219			X
Giant Steps Lodge - FINISH	29.9				5521	-5521	6:30 PM		X

Mileage, elevation gain and loss are approximate and based on CalTopo. Individual watches and other devices may track differently.

Runners are strongly encouraged to download the course gpx file, but always follow on-course markings on race day as the gpx track and actual course may vary slightly.

Course and/or cut-off times on race day are subject to change due to permitting and other unforseen events.

***Last Updated: 10/8/2026*