# BRIAN HEAD 30K

## Aid Station Chart

| Aid Station | Mile Mark | Miles to Next | Elev. Gain to Next (ft) | Elev. Loss to Next (ft) | Cumulative Elev. Gain (ft) | Cumulative Elev. Loss (ft) | Cut-Off Time | Drop Bags | Crew Accessible |
|---|---|---|---|---|---|---|---|---|---|
| **Giant Steps Lodge - START** | 0.0 | 3.9 | 1307 | -68 | 0 | 0 | | | X |
| Brian Head Peak 1 | 3.9 | 4.2 | 271 | -745 | 1307 | -68 | | | X |
| Sidney Peaks | 8.1 | 4.1 | 744 | -210 | 1578 | -813 | 2:30 PM | X | X |
| Brian Head Peak 2 | 12.2 | 1.8 | 307 | -367 | 2322 | -1023 | 4:30 PM | | X |
| Brian Head Peak 3 | 14.0 | 3.9 | 68 | -1307 | 2629 | -1390 | | | X |
| **Giant Steps Lodge - FINISH** | 17.9 | | | | 2697 | -2697 | 6:30 PM | | X |

*Mileage, elevation gain and loss are approximate and based on CalTopo. Individual watches and other devices may track differently.*

*Runners are strongly encouraged to download the course gpx file, but always follow on-course markings on race day as the gpx track and actual course may vary slightly.*

*Course and/or cut-off times on race day are subject to change due to permitting and other unforseen events.*

***Last Updated: 10/8/2026*